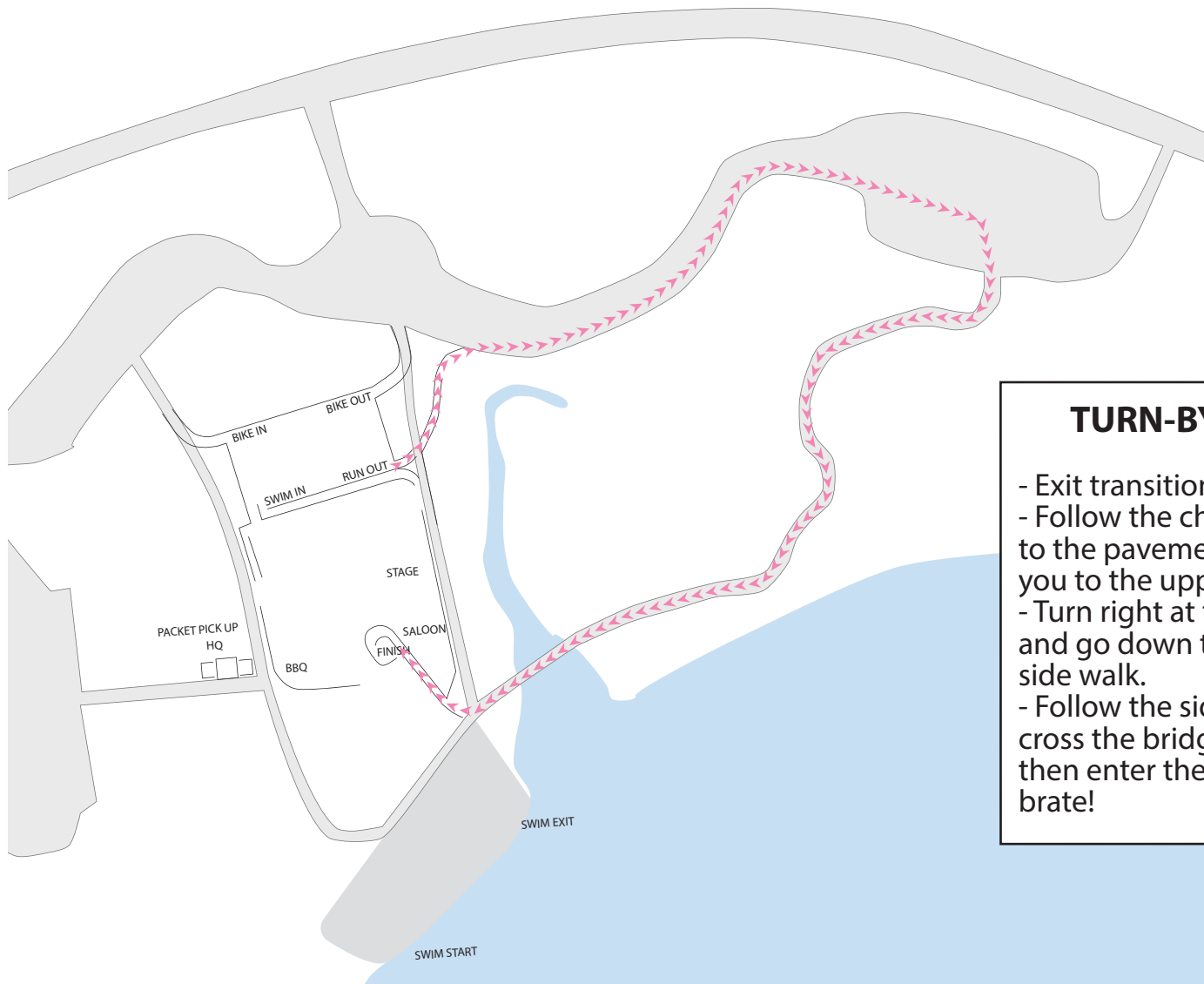


# MIXED TEAM RELAY RUN COURSE

0.5 miles, elevation gain 35ft



## TURN-BY-TURN DIRECTIONS

- Exit transition through the RUN OUT arch.
- Follow the chute north through the grass to the pavement and turn right. This takes you to the upper parking area.
- Turn right at the top of the parking area and go down the multi-use path to the side walk.
- Follow the sidewalk and turn RIGHT to cross the bridge, TAG your teammate and then enter the finish chute. Time to celebrate!