

HALF IRON BIKE COURSE

56 miles, elevation gain 2480ft

TURN-BY-TURN DIRECTIONS

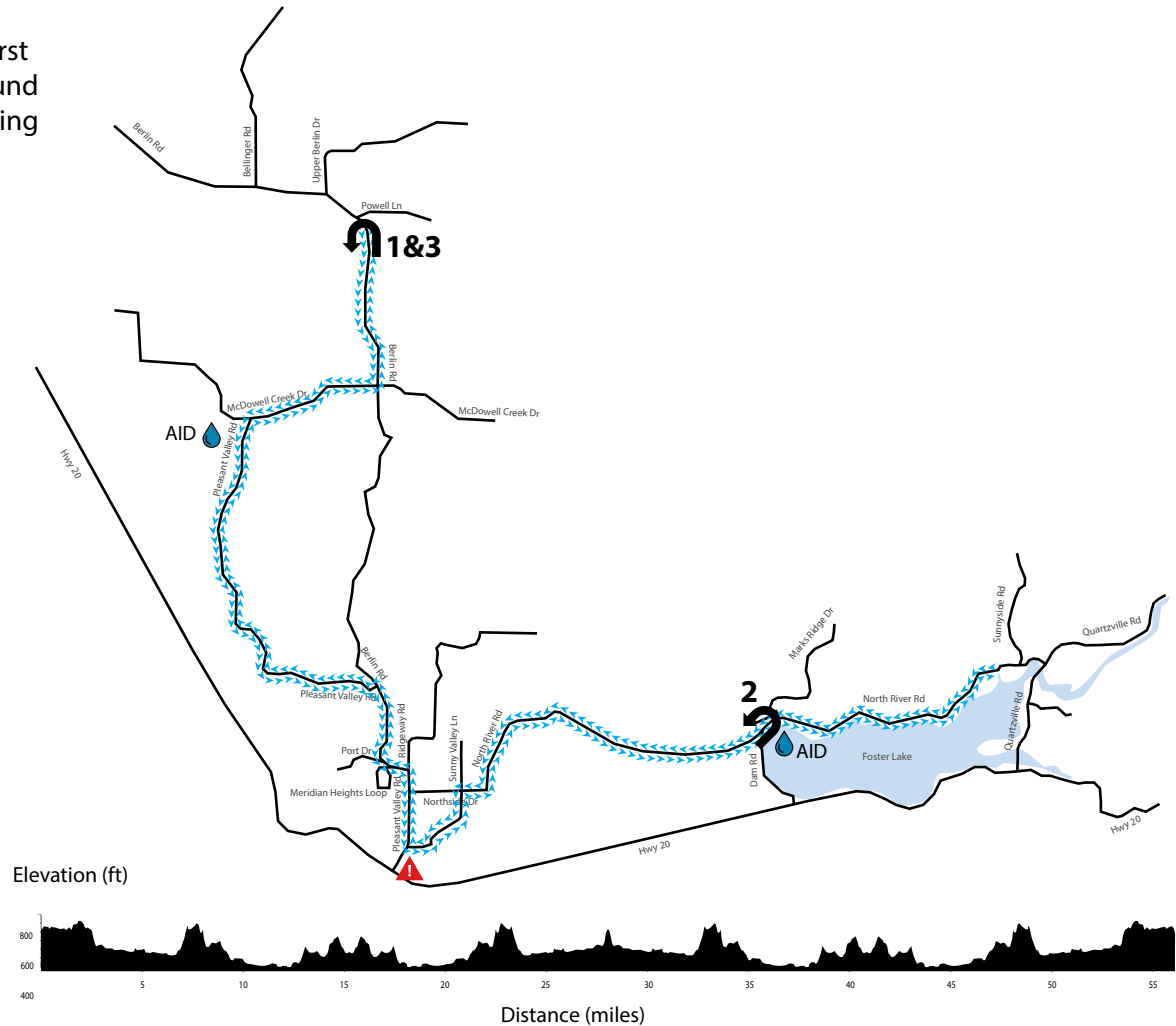
This is a 2-loop out and back course with 3 turn arounds. The first and third turn arounds are near Powell Ln. The second turn around is at the top of the dam, just inside the road closure. After climbing the dam for the second time, continue back to the park.

1. Exit Lewis Creek Park and turn LEFT on to North River Dr
2. Continue STRAIGHT/west on North River Dr
3. Continue LEFT on North River Dr
4. Turn RIGHT on to Pleasant Valley Rd
5. Turn LEFT to continue on Pleasant Valley Rd
6. Turn LEFT to continue on Pleasant Valley Rd
7. Turn RIGHT on to McDowell Creek Dr
8. Turn LEFT on to Berlin Rd
9. Turn AROUND just before Powell Ln
The first turn around is at mile 15.2
The third turn around is at mile 40.9
10. Turn RIGHT on to McDowell Creek Dr
11. Turn LEFT on to Pleasant Valley Rd
12. Turn RIGHT to continue on Pleasant Valley Rd
13. Turn RIGHT to continue on Pleasant Valley Rd
14. **DANGER!** SHARP, DOWNHILL LEFT turn on to North River Dr
15. Continue RIGHT on North River Dr
16. Turn AROUND just west of Dam Rd, inside the road closure
The second turn around is at mile 28.1

After climbing the dam the first time, turn around and repeat numbers 2-15.

After climbing the dam the second time:
17. Continue STRAIGHT on North River Dr
18. Turn RIGHT into Lewis Creek Park

Aid stations at miles: 2.5 18.3 28.1 48.9



Please note: The Olympic course turns around at McDowell Creek Dr. Do not turn around there or you will be DQ'd for not completing the whole course. Please pay close attention to signage while you ride.