

# OLYMPIC BIKE COURSE

24.8 miles, elevation gain 935ft

## TURN-BY-TURN DIRECTIONS

1. Exit Lewis Creek Park and turn LEFT on to North River Dr
2. Continue STRAIGHT/west on North River Dr
3. Continue LEFT on North River Dr
4. Turn RIGHT on to Pleasant Valley Rd
5. Turn LEFT to continue on Pleasant Valley Rd
6. Turn LEFT to continue on Pleasant Valley Rd
7. Turn AROUND at McDowell Creek Dr
8. Continue back toward the park on Pleasant Valley Rd
9. Turn RIGHT to continue on Pleasant Valley Rd
10. Turn RIGHT to continue on Pleasant Valley Rd
11. **DANGER!** SHARP, DOWNHILL LEFT turn on to North River Dr
12. Continue RIGHT on North River Dr
13. Continue STRAIGHT on North River Dr
18. Turn RIGHT into Lewis Creek Park

Please note:

The Half-Iron course continues on at McDowell Creek. Don't follow them.  
Also, the Half-Iron course turns around at the top of the dam to go out for more.  
Don't go for a second out-and-back or you'll add an additional 20 miles!

Aid station at miles: 2.5 12.5 22.4

